

The Health 'Soulution' Formula in 5 STEPS

Magnus will consult and offer his services after gaining a clearer understanding about your requirements. Could you please complete the questions below?

Once this completed form is mailed back a mutual time will be made to connect by phone or Skype (15 min's) and move a step closer to gaining further clarity about how Magnus can be of greater service to you.

Please take your time completing these questions and DON'T HOLD back! If possible use your own hand writing. ☺

1. List five health challenges you're having or five goals to achieving your true optimal health and wellbeing?

1. _____
2. _____
3. _____
4. _____
5. _____

2. List five things you tried and failed or gave you the results you wanted?

1. _____
2. _____
3. _____
4. _____
5. _____

3. List five things you're willing to do to reach your goals or solve your health challenges

1. _____
2. _____
3. _____
4. _____
5. _____

4. How are you going to reward yourself once you achieve your goals?

5. What is your present level of commitment to **change the underlying causes** of your health challenges, which relate to your lifestyle and environment? Please rate from 1-10, with 10 being 100% committed.

Thank you for taking the time to put YOUR health first and assist in an exciting journey to find your *optimal health*.

Please let Magnus know what time/s and or date/s suit you best for a FREE 15 minute consultation.

Your contact details: Phone number and or Skype address?

Once complete please send via post to:

Magnus A. L. Mulliner

Ironworks House,

Warton Road,

Carnforth,

Lancashire,

LA5 9BZ, UK

Or email back to Magnus: magnus@mtenergie.com

*"I must be willing to give up what I am in order to become what I will be."
Albert Einstein 1879-1955, Theoretical Physicist*